

Curriculum Vitae
for
Ronald A. Popper MD, FCCP, FAASM, DABSM

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Education

B.S. Michigan State University 1971-1975
M.D. Michigan State University 1975-1979
Internal Medicine Internship & Residency
Hospital of the Good Samaritan, Los Angeles, Ca. 1979-1982
Pulmonary Fellowship
V.A. Wadsworth Medical Center, Los Angeles, Ca. 1982-1984

Board Certification

American Board of Internal Medicine 1984
American Board of Internal Medicine - Pulmonary Medicine 1990 & 2000
American Board of Sleep Medicine - Sleep Disorders Medicine 1993
American Board of Internal Medicine – Sleep Disorders Medicine 2011

Employment

Lombard Medical Group 1984-1999
2230 Lynn Rd.
Thousand Oaks, Ca. 91360
Southern California Sleep Apnea Center 1984-1999
Medical Director
(Accredited by the American Sleep Disorders Centers)
2230 Lynn Rd.
Thousand Oaks, Ca. 91360
Southern California Pulmonary & Sleep Disorders Medical Center 2000-present
2230 Lynn Rd, Ste. 101
Thousand Oaks, CA. 91360

Hospital Affiliations

Los Robles Regional Medical Center 1984-present
215 W. Janss Rd.
Thousand Oaks, Ca. 91360

Professional Associations

American College of Chest Physicians 1982- 2010
American Thoracic Society 1982- 2010
American Academy of Sleep Medicine 1984- present
National Sleep Foundation 2000-present

Publications

Fine Needle Transthoracic Aspiration of Lung Lesions: The Exclusion of Malignancy
(ARRD: [abstract] May, 1984)
Endoscopic Observation of the Effect of NCPAP in Obstructive Sleep Apnea
(Western Journal of Medicine: March, 1986)
Transcutaneous Needle Aspiration of Solitary Pulmonary Masses: How Many Passes?
(ARRD: August, 1987; Vol 136 #2)
An alternative to NCPAP for the treatment of Obstructive Sleep Apnea
(Sleep Review Magazine: March, 2012)

Lectures

Fine Needle Transthoracic Aspiration of Lung Lesions: The Exclusion of Malignancy	
Seventh Annual Southern California Pulmonary Research Conference	
Palm Springs, Ca.	January, 1984.
Sleep Apnea Syndrome: Diagnosis & Treatment	
Hospital of the Good Samaritan, Los Angeles, Ca.	Nov. 29, 1983
Los Robles Regional Medical Center, Thousand Oaks, Ca.	Nov. 30, 1984
Port Hueneme Naval Base, Port Hueneme, Ca.	July 11, 1985
St. John's Regional Medical Center, Oxnard, Ca.	Sept. 24, 1985
Women's American ORT, Agoura Hills, Ca.	Oct. 12, 1985
Westlake Community Hospital, Westlake Village, Ca.	Oct. 18, 1985
Shalom Seniors, Thousand Oaks, Ca.	June 13, 1988
Westlake Village Rotary, Westlake Village, Ca.	Sept. 2, 1988
Westlake Community Hospital, Westlake Village, Ca.	Dec. 2, 1988
Moorpark College, Dept. of Psychology, Moorpark, Ca.	Mar. 17, 2000
Los Robles Regional Medical Center, Thousand Oaks, Ca.	Jan. 19, 2001
Simi Valley Adventist Hospital, Simi Valley, Ca.	July 25, 2001
Goebel Senior Center, Thousand Oaks, Ca.	Aug. 17, 2001
Los Robles Regional Medical Center, Thousand Oaks, Ca.	Dec. 13, 2001
Los Robles Regional Medical Center, Thousand Oaks, Ca.	Sept. 30, 2004
Conejo Valley Rotary Club, Westlake Village, Ca.	Feb. 20, 2007
Los Robles Regional Medical Center, Thousand Oaks, Ca.	Sept. 14, 2007
Motion Picture Hospital, Calabasas, Ca.	Jan. 10, 2008
Diagnosis and Treatment of Insomnia	
Los Robles Regional Medical Center, Thousand Oaks, Ca. (Medical Staff)	Feb. 8, 2002
Los Robles Regional Medical Center, Thousand Oaks, Ca. (Nursing Staff)	May 2, 2002
Diagnosis and Treatment of Asthma**	
Astra-Zeneca Pharmaceuticals, Thousand Oaks, Ca.	Nov. 15, 2000
Tri-County Indian Medical Association, Thousand Oaks, Ca.	Mar. 17, 2001
Los Robles Regional Medical Center, Thousand Oaks, Ca.	Mar. 21, 2001
Glaxo-Smith-Kline Pharmaceuticals, Camarillo, Ca.	Nov. 8, 2001
Glaxo-Smith-Kline Pharmaceuticals, Ojai, Ca.	Nov. 11, 2001
Astra-Zeneca Pharmaceuticals, Thousand Oaks, Ca.	Mar. 12, 2002
Astra-Zeneca Pharmaceuticals, Thousand Oaks, Ca.	June 12, 2002
Glaxo-Smith-Kline Pharmaceuticals, Thousand Oaks, Ca.	Nov. 12, 2002
Glaxo-Smith-Kline Pharmaceuticals, Thousand Oaks, Ca.	Dec. 2, 2002
Glaxo-Smith-Kline Pharmaceuticals, Thousand Oaks, Ca.	Sept 15, 2003
Glaxo-Smith-Kline Pharmaceuticals, Thousand Oaks, Ca.	Oct. 29, 2003
Glaxo-Smith-Kline Pharmaceuticals, Thousand Oaks, Ca.	Nov. 10, 2003
Diagnosis and Treatment of COPD**	
Glaxo-Smith-Kline Pharmaceuticals, Thousand Oaks, Ca.	Feb. 12, 2002
Glaxo-Smith-Kline Pharmaceuticals, Thousand Oaks, Ca.	Mar. 29, 2004
Glaxo-Smith-Kline Pharmaceuticals, Thousand Oaks, Ca.	May 17, 2004
Glaxo-Smith-Kline Pharmaceuticals, Thousand Oaks, Ca.	Oct. 26, 2004
Glaxo-Smith-Kline Pharmaceuticals, Thousand Oaks, Ca.	Nov. 30, 2004
Interpretation of ABGs & CXRs**	
Los Robles Regional Medical Center, Thousand Oaks, Ca. (Nursing Staff)	June 13, 2002

Diagnosis & Treatment of Restless Limb Syndrome

Glaxo-Smith-Kline Pharmaceuticals, Thousand Oaks, Ca.	Drs. Reisser/Dawson Office, 4/17/06
Glaxo-Smith-Kline Pharmaceuticals, Thousand Oaks, Ca.	Allysio Restaurant, 5/1/06
Glaxo-Smith-Kline Pharmaceuticals, Thousand Oaks, Ca.	Drs. BB&G Office, 9/21/06
Glaxo-Smith-Kline Pharmaceuticals, Thousand Oaks, Ca.	Drs. Reisser/Dawson Office, 10/16/06
Glaxo-Smith-Kline Pharmaceuticals, Thousand Oaks, Ca.	Sicily Restaurant, 3/13/07
Glaxo-Smith-Kline Pharmaceuticals, Thousand Oaks, Ca.	NP Steak House, 7/12/07
Glaxo-Smith-Kline Pharmaceuticals, Thousand Oaks, Ca.	Chapter 8 Steak House, 8/14/07

Provigil: A Clinical Overview

Cephalon Pharmaceuticals, Westlake Village, Ca.	The Hamptons at The Four Seasons, 4/15/08
Cephalon Pharmaceuticals, Woodland Hills, Ca.	Morton's Steak House, 4/29/08
Cephalon Pharmaceuticals, Thousand Oaks, Ca.	Arroyo Oaks Medical Group, 5/8/08
Cephalon Pharmaceuticals, Westlake Village, Ca.	The Hamptons at The Four Seasons, 9/16/08

Sleep Disorders: A General Overview

LRRMC Public Education, Thousand Oaks, CA	Thousand Oaks Mall, 10/16/08
AAOHN, Camarillo, CA.	Camarillo, CA 6/10
LRRMC Public Education, Thousand Oaks, CA	Thousand Oaks Mall, 10/28/10

Provent Therapy –EPAP

NAPSS Honolulu Preliminary Program - March 2012 via webinar from Thousand Oaks, Ca.

Media Events

Thousand Oaks Chronicle- Snoring & OSA

April 12, 1985
June 15, 1989
October 2, 1991

Thousand Oaks Star – Sleep Center

March 23, 2000

Ventura County Star – OSA

March 18, 2006
October, 2006

Thousand Oaks Acorn

June 15, 2006

KRUZ Radio – Daylight savings Time & Circadian Rhythm

April 2003

KCLU Radio – Sleep Disorders (General)

April 25, 26 and 27, 2004

FOX, Channel 13 News – Provigil, the 24 hour pill

April 7, 2006

FOX Channel 11 News – OSA

April 18, 2006

Parenting Magazine – Sleep Hygiene

September, 2010

AAOHN Nationally broadcast Webinar – OSA
November 3, 2010

North Star Academy's newspaper, *The Messenger*.
December 1, 2010

Rodale.com – “Drowsy Driving”
December 8, 2010

Dr. Oz – Spokesperson for the National sleep Foundation
Providing information for show in 1/2011

Redbook Magazine – Insomnia
Spring 2011

Self Magazine – Sleep and the Royal Wedding
4/27/2011

805 Living Magazine – Somnambulism
October 2011

Better Homes & Gardens – Sleep Tips
November 2011

Martha Stewart Living Magazine – Insomnia
November 2011

The Huffington Post.com – Proven tips for insomnia
November 2, 2011

Woman's Day Magazine – Insomnia
December 2011

LA Times – Insomnia
March, 13, 2012

The Acorn – OSA
March 15, 2012